

CLEAR LIGHT ARTS, ADL
AND HEART & SOUL HEALING™
present:



Rev. Nancy A. Nester, ADL, MScD., RMT, CHT is an Author, International Teacher, Clairvoyant and Intuitive Facilitator of Healing. Director of Clear Light Arts, ADL, Heart & Soul Healing and The Institute of Multidimensional Cellular Healing, Nancy offers ongoing classes, workshops and private healing sessions, counseling and life path coaching throughout the U.S. and Europe. She is the creator of Bio-Energetic & Holographic Re-Patterning, Blended Energy and The Gates of Quan Yin. Nancy has helped thousands of individuals worldwide to access their subconscious mind and free themselves from the physical, emotional, mental and spiritual patterns of their past.



Chakras: Organs of Consciousness

*'Clearing -
from the Inside Out'*

An experiential workshop
with
Rev. Dr. Nancy A. Nester

Chakra - Sanskrit word meaning 'wheel' or 'vortex', signifies one of seven basic energy centers in the body. Each of these centers corresponds to levels of consciousness, developmental stages of life, archetypal elements, sounds, colors, physical body components and much more. The search for spiritual development and awareness has its foundation within the chakras of the physical body. This workshop explores the identity and purpose for each chakra together with the characteristics of excessive and deficient energy. You will be provided with techniques for clearing, spinning and balancing your chakras. For more than thirty years, Nancy has been exploring and discovering new roles for these building blocks of all reality. Join us to release the old energy stored within your chakras; discover the role that each chakra holds in your path for spiritual awareness and tap into your greatest strengths. Finally - free yourself from the patterns that keep you stuck or repeating the same experiences in life.