

Contents - Volume One

Foreword		v
Preface		vii
Acknowledgments		ix
Introduction		x
Prologue:	The Dream	1
Volume One	Opening the Heart	5
Chapter 1	Questioning, Searching, Learning, and Sharing	5
Chapter 2	How the Dance Starts	12
Chapter 3	Missing Pieces Return	15
Chapter 4	Helping Hands	18
Chapter 5	Questions	22
Chapter 6	Earth Training	25
Chapter 7	The Foundation	27
Chapter 8	Learning about Power	29
Chapter 9	When It All Changed	30
Chapter 10	Boys and Girls and Letting Go	32
Chapter 11	Inner Pieces of Duality: The Hidden Side of the Soul	35
Chapter 12	Our Search for Soul	40
Chapter 13	The Power of the Soul	43
Chapter 14	Moving into the Moment	45
Chapter 15	Unlocking Ancient Mysteries at Wizard Wells	47
Chapter 16	Techniques Learned along the Path	49
Chapter 17	Armageddon	53
Chapter 18	The Atomic Structure of Consciousness	57
Chapter 19	Illuminating the Pineal Gland & Moving into the Sun	59
Chapter 20	The Illumination of the Heart & the Location of the Soul	61
Chapter 21	Living Light Language & the Alchemy of the Soul	63
Chapter 22	The Sphere of Creation	65
Chapter 23	The Seed of Life	68
Chapter 24	The Rift in Time - An Ultimate Agreement	74
Chapter 25	Development	77
Chapter 26	Basic Building Blocks	83
Chapter 27	How Energy Works	84
Chapter 28	Past Lives	91
Chapter 29	On Our Learning Paths	94
Chapter 30	Philosophy and Healing Techniques	98
	About the Authors	107
	Product Information	108

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All chapter quotes throughout this book are from KEN PAGE

Preface

"... The Many Worlds Interpretation of Quantum Mechanics says that different editions of us live in many worlds simultaneously, an uncountable number of them, and all of them are real. There are even more interpretations of quantum mechanics, but all of them are weird in some way. Quantum physics is stranger than science fiction."

Gary Zukov, *The Dancing Wu Li Masters*, p. 87.

In the early 1900's our scientists began to realize that Newtonian physics did not accurately describe Nature at the macroscopic or microscopic levels. What they discovered was a reality that was shocking and defies logical understanding: Niels Bohr stated that "... Those who are not shocked when they first come across quantum theory, cannot possibly have understood it." Werner Heisenberg was quoted as saying "... Can nature possibly be as absurd as it seemed to us in these atomic experiments?" The famous theoretical physicist Richard Feynman said, "I think it is safe to say that no one understands quantum mechanics" "Nobody knows how it (quantum reality) can be like that."

What is really interesting is that many physicists feel that microscopic phenomenon such as instantaneous communication and matter traveling through solid barriers can also happen on a macroscopic level. There are now hundreds of international physics conferences and thousands of papers and books written by physicists about parallel universes, multiple dimensions and hyperspace.

Physicians, psychologists and ex-military personnel are writing books about their experiences with near death phenomenon, past life regression therapy, exorcisms, remote viewing, aliens, mind control, multiple dimensions, and many forms of spiritual healing and alternative medicine. Millions of people have now experienced these macroscopic quantum or "non-local" phenomenon and no longer believe in the old "Newtonian" view of reality.

Many spiritual traditions point to a time of profound change on this planet. Several ancient calendars end around the year 2012. In the Gospel of Thomas, Jesus is quoted as saying "The heavens and earth will be rolled up in your presence, and whoever lives from the living One will not experience death." Perhaps we will be making a quantum shift to a new level of reality where time will be experienced in a different manner and our old way of keeping time will no longer be valid.

In order to consciously participate in this shift, we must heal ourselves on many levels and become whole. It is as if our physical bodies that exist in this time and space are only one card in a deck of fifty-two cards. In order to heal the "issues in our tissues" and become whole, we need to integrate all of our various parts that exist across time, space and the many realms of being.

In my experience, Ken Page's technique of Heart & Soul Healing (formerly called Multidimensional Cellular Healing) addresses an amazing spectrum of issues and realms of being that greatly facilitates the seeker who is interested in playing with a "full deck" and becoming whole. I would recommend Ken's book, *The Heart of Soul Healing*, to anyone who is involved in spiritual healing, energy healing, alternative medicine, hypnotherapy, past-life regression therapy, exorcisms, or psychotherapy.

You might ask, how much of this stuff is real and why even bother with it? In answering that, I will use past-life regression therapy as an example. Brian Weiss M.D. has written four books on this subject. He makes a convincing case that it leads to relief of symptoms in forty percent of his patients. No one can prove whether or not reincarnation is real, but when forty percent of your patients benefit from recovery of past life memories, then it is well worth the effort to address these "issues in the tissues."

It doesn't matter whether these issues exist in the archetypal realms of our subconscious minds and the mass consciousness or in hyperspace / higher dimensions / parallel universes. The fact remains that millions of people can benefit by addressing these issues in a safe and compassionate way. I feel Ken's book will become a valuable resource for many therapists in the field of complementary medicine.

Our species and this planet are in the process of making a tremendous metamorphosis in consciousness that rivals the profound changes that a caterpillar makes when becoming a butterfly. There is a tremendous amount of grace available for those who choose to seek the truth. I feel Ken Page's work and *The Heart of Soul Healing* is part of the grace that is available to us during this exciting time in the history of our planet.

Michael Scott Allen, M.D.
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Introduction

When Spirit called me to lead a conscious life, I journeyed into unknown territories. I was an entrepreneur and businessman, comfortable in the corporate world. I entered a multidimensional world of wonder, magic, miracles, and healing. The changes in my life were quick and permanent. As a spiritual healer, I became the full-time confidante of people's private thoughts, hidden secrets, and spiritual yearnings. That led to an adventure story being written about me. *The Traveler and the Fallen Angel* (1995). I shared the stories of my early years in my autobiography *The Traveler and the End of Time* (1996). I co-authored my second book - a manual about creatorship and moving beyond dualities: *In Quest of Why?, A Heart & Soul Healing Philosophy and Applications Manual* (1999). As my journey progressed, little by little I discovered hidden wisdom in the stories of my clients. They showed me why we are here and why our lives unfold in so many different ways. My next book *The Way It Works* (1997) explores some of these truths.

It took nearly eighteen years to complete this book: *The Heart of Soul Healing*. I share everything learned on this healing journey. The development, growth and practice of Heart & Soul Healing™, and the transformational process which has evolved while working together (with Nancy my wife) remains our focus. Also important is the story of my own search for the soul, why I needed to search, where this led me, and my surprising discoveries.

Alternative healers, psychologists, doctors, ministers, and all those in search of God, Source, and Spirit will find this book invaluable, as the healing wisdom contained on these pages is universal.

Nancy and I continue to co-create by teaching Heart & Soul Healing and working in practice with clients around the world in exploring their subconscious. We have also stayed busy by co-authoring many books on the various reasons why healers get sick, the path to Oneness, Transference in Healing and the vibration of Compassion. We are all healers, ministering to ourselves and to others on our life path. We hope this book provides assistance to everyone in remaining energetically clear to promote and maintain physical, mental and spiritual well-being. All of our products can be found on our websites: www.KenPage.com and www.ClearLightArts.com. Many of our books (print and digital) can be found at Amazon, Barnes & Noble Bookstores and Apple iTunes Products.

Spirit gifted Ken with the process of Heart & Soul Healing™(HSH) formerly called Multidimensional Cellular Healing™(MCH). Together, and through the experiences with our clients, we have brought Heart & Soul Healing to its' new expansive self: The Art of Transference. This healing modality has proven to be a unique way of tapping into the subconscious truth inside each of us, finding those pieces of ourselves that are trapped, lost, stuck or frozen in past emotional dynamics, and freeing us to be more than our past, to be whole.

This Volume One contains all that we have encountered in the dynamics of energy existing on our planet. Volume Two contains information for the practice of Heart & Soul Healing and Volume Three has case histories from brave clients willing to explore their own consciousness and understanding.

Chapter 2

How the Dance Starts

Is there a connection between our heart and our soul? Where is the soul located in the body? How do we evolve? What is the purpose of our existence on Earth and our connection to God or Source? In 1987, I dedicated my life to answering these questions and understanding why some people feel connected to Source and others feel empty. I also sought to understand the relationship of the soul and spirit to our body, mind, and heart.

Throughout history, we have not been given the opportunity to learn the truth about ourselves and our connection to Source and our soul. Those in power have kept us in the dark where we became lost in the outer world. Why wouldn't those who had discovered the secrets of life want us to know that each of us has the potential to become the light of Source?

Spiritual and political leaders have suppressed the truth for a number of reasons: cultural, racial, religious, and sexual. For centuries, people have searched for truth in the name of God. Wars have been fought. Millions have been killed. There are more than 1700 religions here on Earth today, including billions of Catholics, Muslims, and Hindus. Which beliefs are correct? Where does this fervent religious energy go? How does it affect the planet? Have our religious beliefs affected our love, compassion, and creativity?

In my search for the soul, I began hearing and seeing stories about my past lives in my dreams. I did not know where these experiences came from. Now I know that each of us is full of such stories. Each of us reenacts our stories over and over again as we start to awaken to our inner truth. Our outer world no longer fits who we have become. As we awaken, there is no need for the past to remind us who we are. There is no need to hide any longer.

People have many different ideas about what it means to be open, to be loving, and to be in the heart center. I'm not talking about the physical heart but the heart chakra center, the energetic gateway to the soul, which is located along the center line of the body next to the physical heart.

Chakras are energy centers throughout the physical body. There are seven to nine chakras, according to different schools. Many of us are uncomfortable with the energies of the lower three chakras, because the majority of the challenges in the world originate there. The first chakra, at the base of the spine, begins with sexual/survival energy. It then evolves into sexual/creative energy and finally culminates in creative energy. Most people never get out of sexual/survival energetics because of their personal sexual experiences.

The second chakra in the lower abdomen is the point of balance for male and female energy. The third chakra, at the solar plexus, is the center of power and control. If our lower chakras are not balanced we will continue to energetically loop from the fourth chakra, our heart, to the first, second, and third chakras. Falling in love and making love creates an energetic connection between the heart chakra and the base chakras. The different physical and emotional experiences we have in relationships set up energetic pathways. Subconsciously we keep attracting others until we physically master sexual/survival feelings and emotions.

Throughout my life, I have been fascinated by how people interact with each other and how certain patterns of behavior repeat themselves. Even when people seemed to be coming from a loving space, many became repeatedly involved in power and control struggles with those around them. Why would

this happen? I believe connecting heart to heart, the way we were taught in the past, creates energetic looping. Energetic looping means engaging with others by subconsciously projecting our unknown issues onto them.

When we are energetically out of balance and we try to help others, what really happens? Do we send love and light based on how we believe others should act or how we think they should be helped? When we send love, is it love or is it energy? If we think we are sending love, when it's actually energy, are we intensifying and distorting another person's creation, as well as our own? Could we be interfering with the lessons of others when we think we're helping?

How many of us love ourselves unconditionally? Do we love the way we look? Our hairline? Our body shape? Do we love every aspect of our life? Our job? Our house? Our family? When there are parts of ourselves we do not love, how can we send love and light to others? What kind of energy do we think we're sending? Will the energy we send be distorted by our own inability to love ourselves unconditionally?

What has been our experience of love? Have we ever been loved completely? Did any of our parents love us to our full ability to be loved? It wasn't until later in life that most of us realized our parents could only love us as much as they loved themselves. Is this also true for us? Can we only love others as much as we love ourselves?

In addition to the fact that most of us do not fully love ourselves, most of us also energetically mix our fields with others. This happens because our energetic fields are usually projected outward several hundred feet from our bodies. When our energy fields are projected away from us that far, everything going on around us affects our physical, mental, emotional and spiritual bodies. When our fields are out and we send energy to others who also have their fields projected out, could this distort our perceptions and experiences even further?

When we energetically loop with others and our fields are also out, the loop will continue past the time we are with those people physically. When we see them again, the energetic patterns will still be there. That person will continue to unconsciously project their issues onto us whether it's guilt, anger, or pain. Spiritually, this ongoing dynamic helps us to master our issues. This is because sending love, light, and energy to others, when we have not learned to love ourselves unconditionally, attracts physically what we do not love within ourselves.

Isn't there an easier way to learn our lessons? We have a simple healing technique specifically designed to clear our physical body by pulling in our energetic field and loving ourselves. See Chapter 30 in this Volume for full details.

What will the difference be when we are in our space, loving ourselves, compassionate towards others, and not projecting our issues? The other person will not be able to loop with us in the same way because we are not projecting our issues or reflecting their issues back to them. We will recognize our issues and take responsibility for them without projection. We will then have a choice about how we wish to continue to grow spiritually. We can learn, instead, by witnessing others and the dynamics around us.

Most of us naturally loop with our loved ones. We create patterns of interaction where we reflect each other's issues, and we continue these patterns of engagement to keep our loved ones attached to us. In the past, some of us might have been afraid that if we didn't reflect the issues of our loved ones, they would leave us to find someone who would. Please understand, loving ourselves unconditionally is very attractive. Our loved ones will feel this wonderful energy and want to be around us, even if they

don't know why. It is both healthier and easier to attract and keep a lover by loving ourselves than by reflecting their fear and pain.

As we fully embrace the vibration of loving ourselves unconditionally, what will happen to the people we used to loop with? They will feel the love and acceptance we have for ourselves. This gives them the opportunity to recognize this quality in themselves and change if they choose. We can never change another person, but the more we love ourselves, the easier it is for someone else to recognize that capacity within themselves. Even though we may not like what others may be creating, we will understand what they are doing and have compassion for them. By not repeating these old energetic patterns, we can accept others for who they are without judgment.

What I advocate is to be love. To be love is to love ourselves unconditionally and have unconditional compassion for others. This is the beginning of the path to having unconditional love for all creation and discovering the power of the heart and soul.

CHAKRA LOCATIONS

First Chakra:	Base of the spine Has three vibrations 1.) sexual/survival 2.) sexual/creative 3.) creative
Second Chakra:	Lower abdomen, Male and Female
Third Chakra:	Solar Plexus, power and control
Fourth Chakra:	Heart Center The gate to the Soul - Balancing our last spiritual duality - separation from God
Fifth Chakra:	Throat - speaking the truth
Sixth Chakra:	Third Eye, Forehead
Seventh Chakra:	Pineal Gland - Enter eye A place where we re-center before moving back to the heart center
Eighth Chakra:	Crown, top of head
Ninth Chakra:	Above the crown chakra Opens up inter-dimensional gates.